### PHASE-20 — rating scale for possible drug-related symptoms

<table>
<thead>
<tr>
<th>Patient name</th>
<th>NHS number</th>
<th>N.I. number</th>
<th>Date</th>
</tr>
</thead>
</table>

#### Diagnoses

- The patient has completed the document: [ ] Independently [ ] With some support
- Carers signature:

- The patient is: [ ] Mobile [ ] Chairbound [ ] Bedbound

#### Demographics

| Height: Date: | Weight: Date: | BP sitting: Date: | BP standing: Date: | Pulse: Date: | S-Creatinine: Date: | Kidney function results: Date: |

#### Symptoms

Tick the box next to the option that best describes the patient's symptoms during the last two weeks. Circle the symptoms that are particularly dominant and cross out those that are not applicable. Please leave clarifying comments in the margin as necessary.

<table>
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<tr>
<th>No problem</th>
<th>Minor problem</th>
<th>Moderate problem</th>
<th>Severe problem</th>
<th>Comments</th>
</tr>
</thead>
</table>

1. Dizzy/unsteady/high risk of falls
2. Tired/exhausted
3. Poor sleep pattern/nightmares
4. Abdominal pain/chest pain
5. Headache
6. Low mood
7. Worried/anxious
8. Irritable
9. Forgetful
10. Poor appetite
11. Dry mouth
12. Nausea/vomiting
13. Diarrhoea
14. Constipation
15. Palpitations (rapid/irregular heartbeat)
16. Swollen legs/ankles
17. Short of breath
18. Frequent urination/incontinent of urine
19. Itching/rash

20. Other symptoms, which you have experienced during the past two weeks, (for example pain), indicate which

- [ ] Minor problem [ ] Moderate problem [ ] Severe problem
PHASE-20 – PHArmacotherapeutical Symptom Evaluation, 20 questions
PHASE-20 is a rating scale used to identify symptoms in the older person that can be related to the medical treatment, for example side effects, interactions and inappropriate dosage. PHASE-20 is used for persons who are able to participate at least partly in the assessment. If the person is not able to participate at all, PHASE-Proxy should be used.

Kidney function
S-Creatinine is not a reliable measure of kidney function in older people, partly due to reduced muscle mass. The kidney function could therefore be calculated alternatively.


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